# Engaging Communities Through Research to Improve Health

# PROGRAM OVERVIEW

The **Community Engagement Alliance** (**CEAL**) **Regional Teams** address differences in health outcomes. The program collaborates with nearly 1,200 organizations and community partners, including health care providers, hospital systems, academic and research organizations, schools, faith-based groups, nonprofits, and other community-based organizations (CBOs).

The Regional Teams are built on the strength of local organizations with direct connections to the communities and individuals hardest hit by critical health differences.

The Regional Teams focus on the research of ongoing chronic conditions that exist in these communities, working to address the social determinants of health that fuel health differences in health outcomes.

## CEAL Regional Teams engage in community partnerships to plan, implement, and evaluate innovative community-engaged research that:

- Advances the prevention and control of chronic diseases and reduces related differences by addressing major risk factors and barriers, including social and structural determinants of health.
- Conducts dissemination and implementation science to leverage the resilience and power within communities to spread and integrate evidence-based interventions.





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# **Research Objectives**



Twenty-one CEAL Regional Teams in 21 states, plus the District of Columbia and Puerto Rico, are located in areas of the country where significant population-based health differences persist. Each team includes principal investigators, academic partners, and community partners. Regional Teams collaborate with these partners to tackle the health challenges facing their communities, conducting community-engaged research to address social determinants of health and reduce health differences.

# Accomplishments as of June 2023

### Bringing Research to Communities Through Partnerships

CEAL Regional Teams have partnered with 1,163 multisectoral partners, including 569 CBOs, to address health disparities.

#### **Reaching Impacted Communities**

CEAL Regional Teams reached much higher proportions of Hispanic or Latino and Black or African American individuals compared to the overall U.S. population. Engaging CBOs and other partners located in and trusted by communities helped CEAL Regional Teams reach communities experiencing health disparities.

### **Expanding Research and Dissemination**

CEAL Regional Teams have contributed more than 100 peer-reviewed articles to the field of community-engaged research and will continue to address gaps in research through their partnerships with communities that address social determinants of health.

For more information about the NIH CEAL program, visit <u>linkedin.com/company/cealresearch</u>.

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in COMMUNITY ENGAGEMENT ALLIANCE (CEAL)

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